

Today I ...

Today I held council with the trees – I'm sure I will again,

The tale they were telling was one of letting go – a focus of faith!

Today I felt what it was to be an island – step out dripping from the flow,

A glow of an illumination in a cloud of grey – like an ember in the grate!

Today I moved like a man of mountain – with the sky beneath my feet,

The breeze it wore a touch of silk as it reached out to touch my cheek!

Today I felt the power of passion – like a flame that tastes the air,

My guiding spirit convened with nature - took my hand and led me there!

Today I learned the depth of conception – it's like a shedding of the skin,

Like the changing masks at a masquerade – where the line of lives begin!

Today I shone like a golden crystal - the sun and moon in love and peace

The elements contrive to paint a backdrop for when the energies increase

Today I found a little peace of mind - In knowing who I am,

Moulding an orb from a ball of wax – In reflection of the moon!

Today I saw the horizontal broaden and I found an inner peace,

With nothing adventured nothing is gained and we lose it all too soon!

By

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